

THE SPIRITUAL MAN

Most of us think of ourselves as a body that has a spirit. But the reality is that we are really a SPIRIT that lives in a body. Think about it: when the body dies, the spirit of man continues to live.

We are actually a tripartite being; we have a body, a soul and a spirit. Consider our little friend here. His body connects him to the earth, and he interacts with the earth through his 5 senses: hearing, seeing, smelling, tasting and physical touch. You may notice he has some electric charges coming out of his bare feet. And you may have heard about “free radicals” and “antioxidants.” Well, a free radical is an electron that is running loose in your body creating “oxidation” or something like rust on iron. There are a lot of supplements called “antioxidants” that are formulated to counteract those nasty oxidants. The truth is that the best way to get rid of oxidants is to go barefooted! That’s RIGHT! When you do, all those pesky, loose electrons are drawn straight into the earth’s ground! For FREE!!



Our SOUL is our Mind, Will and Emotions. It is what governs our Body. I’m using a graphic of a brain to illustrate that relationship (the brain is NOT the Soul) because:

- The LEFT side of the brain is the LOGICAL side and correlates to the MIND and
- The RIGHT side of the brain is the EMOTIONAL side correlating to our FEELINGS,
- Therefore, our WILL is the intersection of the MIND (Logical, Thinking) and Emotional (Feelings) capacities of the brain.

Consider that you might have decided – **Willed** – to get in shape. So, you **Logically** get a gym membership. You are excited because you have an **Emotional** desire to get in shape. And off you go! Getting up, going to the gym, slurping down a protein shake and buying healthy food at the store on your way home! Your **Willingness** is high to get in shape.

Then something happens. You develop sore muscles by overdoing the workouts. You stay up too late. You come down with a cold. You have to work overtime. Now you still WANT to hit the gym just as hard as ever, but you just don’t FEEL like it today. Your WILL has been altered by your EMOTIONS. I’m quite sure you can think of dozens of examples of your WILL being strengthened or weakened by the interplay between your MIND and your EMOTIONS.

Our SPIRIT is made up of our “CONSCIOUS”, our “INSTINCTS” and our “COMMUNION.” Our spirit is where we interact with God’s Holy Spirit and worship God.

DIVINE FAVOR MINISTRIES

In our computer savvy world, the best analogy I can use for our “Conscious” is the Complementary Metal-Oxide-Semiconductor (CMOS) chip on the motherboard of our computers. This essential chip houses a hardwired program that cannot be altered. It is the first thing that controls the computer as it is turned on. It runs when absolutely nothing else is even installed on your computer. It is, in fact, what allows you to install your operating system and, thereby, other programs.

Our Conscious is what God installed into all His creation that gives us a “knowing” that God exists. It is inherent. Like our computer CMOS. It cannot be removed. It is why Romans says we “are without excuse.” Our awe of the universe begs a Creator. Order Demands Intellect!

Our Intuition is similar, but it gives us a “knowing” about God’s law. Somethings we just know are right and other things we just know are wrong.

And our Communion is about our spirit connecting with the Spirit of God. It is about prayer, meditation, worship, our sense of being connected to something greater than ourselves.

It is in our spirit that God’s Spirit comes to reside when we are Born Again into the family of God. This is the only place evil spirits cannot penetrate the spirit of the disciple of Jesus.

Some well-meaning Bible scholars will categorically deny the possibility that demons can infiltrate a child of God. While it is true that a demon cannot “possess” a Christian in terms of “ownership” (because God OWNS His children), it is possible for a demon to invade a person’s body causing sickness, disease, infirmity and even death. It is also possible for a demon to invade a person’s mind causing mental anguish, temptations, and torments to the point they no longer wish to live. Their Will has been crushed and can lead to Christians committing suicide.

So, here’s how our Body, Soul and Spirit work together (or not work together.) Our Spirit cannot directly influence our Body; it must operate through our Soul. Only the Soul can receive information from the Body’s five (5) senses and process what is going on in its environment. The Body is Flesh – sinful. It demands to be satisfied and doesn’t much care about the rest of the person.

Our Spirit communes with God and, as it is informed by God the Father, it orders our Mind, Will and Emotions to choose to “crucify the flesh” and submit to the Holy Spirit of God. Or it is where the Spirit gives way to the enemy and yields to the flesh. This is where “The Battleground of the Mind” constantly wages war for the affections of the whole person.

Paul stated he had to “*die daily.*” (1 Cor. 15:31). In Galatians 2:20, he announced, “*I am crucified with Christ: nevertheless I live, yet not I, but Christ liveth in me; and the life I now live in the flesh, I live by faith of the Son of God, Who loved me and gave Himself for me.*”

GUARD YOUR MIND AND EMOTIONS AND FORCE YOUR WILL TO SUBMIT TO YOUR SPIRIT!